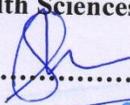


EVENT REGISTRATION FORM

(To be submitted to IQAC Office)

Event Name:	1 Day Seminar	
Event Category (Workshop/Seminar/Educational Visit/ Conference, Guest Lecture/Celebrating important days etc:	Seminar	
Proposed Content of the Event (Workshop. Seminar, Guest Lecture etc.)	Seminar	
Speaker/Resource persons: (Name, Email ID, Designation, Name of Organization, Photograph (jpeg format), Resume (Pdf file etc.)	Name	Dr. Abhishek Sharma (PT)
	E-Mail ID	
	Designation & Experience	International Instructor 16+ Years
	Organization	PRRT, London, UK
Organizers: School /Department	Department of Physiotherapy, SPAHS	
Courser programme Name: (Participants from different School/Dept.):	Number of participants: 250 Attendance of participants (copy enclosed) (Register to be maintained by the organizers)	
Date, Time & Venue of Event:	Date	22/09/2025
	Time	10:00am – 2:00pm
	Venue	SGRR Medical College Auditorium
Event Coordinator/Convener & Organizing Team/Members	Prof. (Dr.) Keerti Singh Dr. Sharda Sharma (HOD) Prof. (Dr.) Niraj Kumar Dr. Surbhi Thapliyal (PT)	
Contact Photograph of the event	Attached	
Geotag Photographs of the event	Attached	
News/media coverage (copy enclosed)	Attached	

Name of School: School of Paramedical & Allied Health Sciences

Dean/HOD : Name Dr. Sharda **Signature**..... 

DR. SHARDA SHARMA (P.T.)
H.O.D. PHYSIOTHERAPY DEPT.
ASSOCIATE PROFESSOR
SGRRU & SMIH
L-13949

1 DAY SEMINAR CUM HANDS ON WORKSHOP “MANUAL THERAPY CLINICAL ASSESSMENT & TREATMENT SKILLS FOR COMMON SHOULDER, NECK & BACK PAIN CONDITIONS”

ORGANISED BY PHYSIOTHERAPY DEPARTMENT OF SCHOOL OF PARAMEDICAL & ALLIED HEALTH SCIENCES UNDER AEGIS OF THE IQAC

“Regular physiotherapy is far more effective than medicine — it not only relieves pain but also restores an active lifestyle.”

With this message, the Department of Physiotherapy at *Shri Mahant Indiresht Hospital* organized a **one-day seminar-cum-workshop**. On this occasion, experts highlighted various aspects of **manual therapy** and shared valuable insights on the **clinical assessment and therapeutic management** of shoulder, neck, and back pain. Shri Mahant Indiresht Hospital’s **Chairman, Shri Mahant Devendra Dass Ji Maharaj**, extended his best wishes to the organizers for the successful conduct of the event.



The workshop was inaugurated on Monday by **Dr. R.P. Singh** (Coordinator, Shri Guru Ram Rai University), **Dr. Sonia Gambhir** (Director, IQAC, SGRRU), **Dr. Kirti Singh** (Dean, School of Paramedical and Allied Sciences), **Dr. Sharda Sharma** (Head, Department of Physiotherapy, Shri Mahant Indiresht Hospital), and **Prof. Dr. Neeraj Kumar**, who collectively lit the ceremonial lamp.

The **keynote speaker** of the program was **Dr. Abhishek Sharma**, Resource Person and Founder of *Physio Classroom*, and **International Instructor of PRRT, London, United Kingdom**. Dr. Sharma, an experienced **Musculoskeletal and Neuro Physiotherapist**, has over **18 years of extensive experience** in the field. Currently, he is serving with the **NHS, London**, as a **Band 7 MSK Clinician and FCP**. He is also the founder of *Physio Classroom*, a global educational platform featuring over **700 academic videos**. As an international PRRT instructor, he has trained physiotherapists worldwide in **pain management, manual therapy, and advanced clinical reasoning techniques**.

In his address, Dr. Sharma explained how physiotherapy plays a crucial role in effectively treating complex conditions such as **shoulder pain** (frozen shoulder, rotator cuff injury), **neck pain, cervical spondylitis, muscle spasm, low back pain, lumbar pain, sciatica, and knee disorders**. Through **live demonstrations**, he elaborated on the intricacies of **manual therapy, mobilization techniques, and stretching exercises**. Sharing his professional experience, he emphasized that **regular physiotherapy not only alleviates pain but also leads patients toward long-term relief and an active lifestyle**.



The seminar-cum-workshop witnessed an enthusiastic participation of **around 250–300 students**, who actively engaged in the academic sessions and practical demonstrations.

The **vote of thanks** was proposed by **Prof. Dr. Neeraj Kumar**. The event's success was made possible through the dedicated efforts of **Dr. Shama Parveen, Dr. Sandeep Kumar, Dr. Tabassum, Dr. Surbhi, Dr. Ravindra, Dr. Akanksha, Dr. Abhishek, Dr. Sushant, Dr. Vishal, and Dr. Jaydev**.



SHRI GURU RAM RAI
UNIVERSITY
Quest for Excellence

DEPARTMENT OF PHYSIOTHERAPY

SCHOOL OF PARAMEDICAL AND ALLIED HEALTH SCIENCES
UNDER THE AEGIS OF THE IQAC
PATEL NAGAR DEHRADUN, 248001, UK



SEMINAR

INVITED YOU FOR 1 DAY SEMINAR CUM HANDS ON WORKSHOP
“MANUAL THERAPY CLINICAL ASSESSMENT & TREATMENT SKILLS FOR
COMMON SHOULDER, NECK & BACK PAIN CONDITIONS”



RESOURCES PERSON :-
DR. ABHISHEK SHARMA (PT)
FOUNDER- PHYSIO CLASSROOM
INTERNATIONAL INSTRUCTOR - PRRT
LONDON, UK

CONVENER

PROF. (Dr.) KEERTI SINGH
DEAN, SPAHS, SGRRU

COORDINATOR

Dr. SHARDA SHARMA (HOD)
PROF. (Dr.) NIRAJ KUMAR

- **THE KEY BENEFITS OF THIS SEMINAR FOR STUDENTS WILL INCLUDE:**
MASTERY OF CORE ASSESSMENT TECHNIQUES FOR THE SHOULDER, NECK & BACK
HANDS-ON PRACTICE OF EFFECTIVE TREATMENT APPROACHES.
KNOWLEDGE-SHARING FROM GLOBAL CLINICAL PRACTICE TO ENHANCE THEIR ACADEMIC AND
PROFESSIONAL GROWTH.



22 SEP 2025



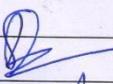
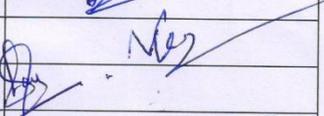
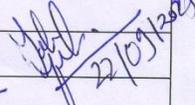
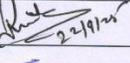
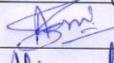
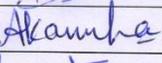
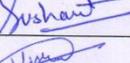
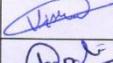
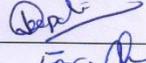
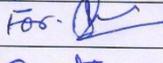
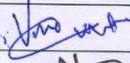
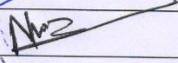
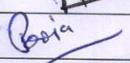
10:00 AM ONWARDS



SGRR MEDICAL COLLEGE, AUDITORIUM, PATEL NAGAR, DEHRADUN

Department of Physiotherapy

1 Day seminar cum Hands on Workshop on "Manual Therapy (Clinical Assessment & Treatment skills for common shoulder, Neck & Back Pain Conditions) on 22nd Sep 2025
Faculties Attendance Sheet

S. N.	Name	Signature
1	Dr. Sharda Sharma	
2	Prof. (Dr.) Niraj Kumar	
3	Dr. Shama Parveen, PT	
4	Dr. Sandeep Kumar, PT	
5	Dr. Tabassum, PT	
6	Dr. Surbhi Thapliyal, PT	
7	Dr. Ravindra Singh, PT	
8	Dr. Abhishek Soni, PT	
9	Dr. Akansha Suman, PT	
10	Dr. Sushant Kimothi, PT	
11	Dr. Vishal Kumar, PT	
12	Dr. Deepali, PT	
13	Dr. Jay Dev Singh, PT	
14	Dr. Vinay, PT	
15	Dr. Naresh Chandra, PT	
16	Dr. Pooja Bisht, PT	

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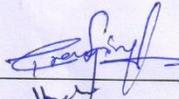
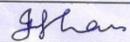
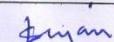
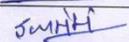
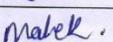
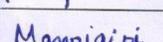
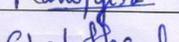
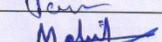
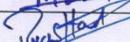
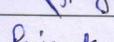
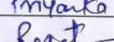
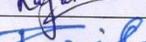
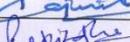
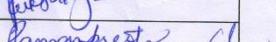
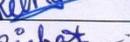
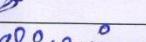
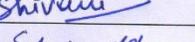
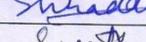
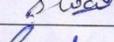
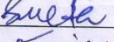
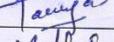
Department of Physiotherapy

1 Day seminar cum Hands on Workshop on "Manual Therapy (Clinical Assessment & Treatment skills for common shoulder, Neck & Back Pain Conditions) on 22nd Sep 2025
MPT 3rd Sem Attendance Sheet

S. No.	Name	Signature
1	ABDULLAH ANSARI	Abdullah
2	ACHALA SHARMA	Achala
3	ADITI AGARWAL	Aditi
4	AKANSHA CHAUHAN	Akansha
5	AKASH KOTNALA	Akash
6	ANJALI JAIN	Anjali
7	ANJALI JOSHI	Anjali
8	ANURAJ FRANKLIN MONDAL	Anuraj
9	ARU JAIN	Aru
10	ASHUTOSH SAGAR	Ashu
11	ATEEV SINGH	Ateev
12	AYUSHI GUPTA	Ayushi
13	BARKHA CHAUDHARY	Barkha
14	BHAWNA NEGI	Bhawna
15	BHUMIKA DEV	Bhumika
16	BINEET GARIYA	Bineet
17	DEV UDAY	Devuday
18	DHANANJAY GOSAIN	Dhananjay
19	DIKSHA CHAUHAN	Diksha
20	DIVYA	Divya
21	DIVYANSHI TYAGI	Divyanshi
22	GARGI JOSHI	Gargi
23	GAURAV SINGH CHAUHAN	Gaurav

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24	GRACY SINGH	
25	IBRAHIM ANSARI	
26	ISHA RAWAT	
27	ISHU JAIN	
28	JANVI ROKADIA	
29	KM ANITA JOSHI	
30	KM SMRITI RAUTHAN	
31	MAHEK SHREYASBHAI MEHTA	
32	MANIRAJ KISHOR	
33	MANOJ KUMAR GIRI	
34	MOHD SHAHFHAD	
35	MOHD UWAIS	
36	MOHIT SINGH SOUN	
37	PRASHANT	
38	PRITI RAJ	
39	PRIYA DHONDIYAL	
40	PRIYANKA JOSHI	
41	RAJAT SHARMA	
42	RAJNISH KUMAR CHOUDHARY	
43	RAKSHITA JHA	
44	RAMANPREET KAUR CHEEMA	
45	REENA BANO	
46	RICHA RATHOD	
47	SHIVANI NEGI	
48	SHIVANI VATSA	
49	SHRADDHA RAUTELA	
50	SWATI TRIVEDI	
51	SWETA RANI ORAM	
52	TANUJA KATHAYAT	
53	VIDHI WALIA	
54	VIKASH KUMAR MISHRA	

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55	VISHAKHA CHAUHAN	<i>Vishakha</i>
56	VISHAL SISODIA	<i>Vishal</i>
57	YOGITA CHAUHAN	<i>Yogita</i>
58	YUKTA BHARDWAJ	<i>Yukta</i>
59	YUVIKA THAKUR	<i>Yuvika</i>

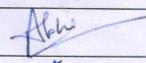
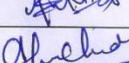
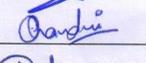
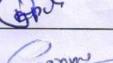
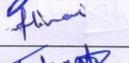
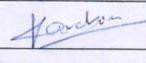
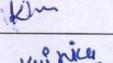
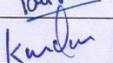
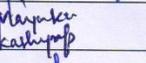
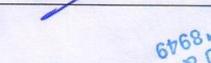
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Department of Physiotherapy

1 Day seminar cum Hands on Workshop on "Manual Therapy (Clinical Assessment & Treatment skills for common shoulder, Neck & Back Pain Conditions) on 22nd Sep 2025
MPT 1st Sem Attendance Sheet

S. No.	Name	Signature
1	ABHISAR SHUKLA	
2	ADITYA SONOWAL	
3	ANKITA JOSHI	
4	APOORV CHOUDHARY	
5	ARYAN MAHENDRU	
6	CHANDNI MAHANT	
7	DIPALI RAWAT	
8	GARIMA PANDEY	
9	GEETA JOSHI	
10	HIMANI	
11	ISHRAT PARVEEN	
12	ISHU TYAGI	
13	JAHANVI SINGH	
14	KANCHAN SINGH	
15	KIRAN KAPRI	
16	KRITIKA KASHYAP	
17	KUMNDAN KUMAR	
18	MAYANKA KASHYAP	
19	MEGHA PANWAR	
20	MOHD AASHIR	
21	NEHA	

DR. SHARDA SHARMA (P.T.)
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22	NIDHI JAISWAL	Nidhi Jaiswal
23	NIDHI SAINI	Nidhi
24	NISCHAL UPADHYAY	Nischal
25	NISHANT KUMAR	Nishant
26	NISHTHA BATRA	Nishtha
27	PALLAVI	Pallavi
28	PAYAL RAWAT	Payal
29	PRIYA SHANKAR YADAV	Priya
30	PRIYANKA CHAND	Priyanka
31	PRIYANSHI SAINI	Priyanshi
32	RADHIKA RAJPUT	Radhika
33	RENUKA KUMARI	Renuka
34	RISHIT DHANIK	Rishit
35	SAMIKSHA GAIROLA	Samiksha
36	SANGEETA	Sangeeta
37	SHABINA	Shabina
38	SHARVI SHARMA	Sharvi
39	SHBAB HAIDER	Shabbab
40	SIDHARTH SHARMA	Siddharth
41	SIMRAN PUNDIR	Simran
42	SUJATA SATI	Sujata
43	SWARNIMA SAXENA	Swarna
44	SWETA RAWAT	Sweta
45	TANUJA BHATT	Tanuja
46	VIMAL CHANDRA	Vimal
47	VINITA	Vinita

48. Shakhya kumari

Shakhya

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DR. SHARDA SHARMA (P.T.)
H.O.D. PHYSIOTHERAPY DEPT.
ASSOCIATE PROFESSOR
SGRRU & SMIH
L-18949

Department of Physiotherapy

1 Day seminar cum Hands on Workshop on "Manual Therapy (Clinical Assessment & Treatment skills for common shoulder, Neck & Back Pain Conditions) on 22nd Sep 2025
BPT 4th Yr. Attendance Sheet

S. No.	Name	Signature
1	ANITA NEGI	Anita
2	ARTI MALIK	Arti
3	ASTHA CHAUHAN	Astha Chauhan
4	HAMI	Hami
5	JHANVI	Jhanvi
6	JYOTSANA SINGH RAWAT	Jyotsana
7	KHUSHI TONK	Khushi
8	KHUSHI VINOD DUBEY	Khushi
9	MOHD AMAAN	Mohd Amaan
10	MOHITA	Mohita
11	MONIKA DABRAL	Monika
12	MUSKAAN BAKSH	Muskaan
13	MUSKAN SHARMA	Muskan
14	RABINA	Rabina
15	RISHABH	Rishabh

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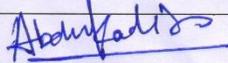
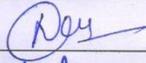
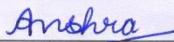
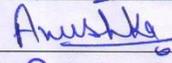
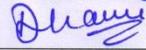
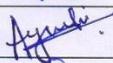
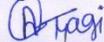
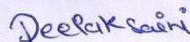
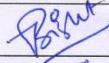
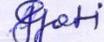
16	RITIKA CHAND KAUSHIK	Ritika
17	RITIK PHOR	Ritik
18	RITU SINGH	Ritu Singh
19	SAKSHI RANA	Sakshi
20	SHABNAM MALIK	Shabnam
21	SHIVANI	Shivani
22	SHALINI PARMAR	Shalini
23	SHABEENA QURESHI	Shabeena
24	SANIYA QURESHI	Saniya
25	SARAH MAHIM	Sarah Mahim
26	SWASTIK CHAUHAN	Swastika
27	SHRISHTI KAMBOJ	Shrishti
28	WAIJHA SAOOD	Waijha
29	YOGESH	Yogesh
30	ZOYA	Zoya
31	RESHU	Reshu
32	GEETINKA RAWAT	Geetika

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BPT 2nd Yr. Attendance Sheet

S. No.	Name	Signature
1	ABDUL KADIR	
2	AISHWARYA BIJALWAN	
3	ANJALI UPADHYAY	
4	ANSHRA RASHID	
5	ANUSHKA CHAUDHARY	
6	ANUSHKA DHAMI	
7	ARJU SEMWAL	
8	ARYA TYAGI	
9	ASHISH KUMAR	
10	ASTHA NEGI	
11	AYUSHI PANDEY	
12	AYUSHI TYAGI	
13	DEEPAK SAINI	
14	GARIMA MUNDRAJIYA	
15	HARSHIT DHIMAN	
16	HITANSHI KAUSHIK	
17	JAGRITI BISHT	
18	JYOTI KUMARI	

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19	KANISHKA MEHRA	Kanisha
20	KARTIKEY SHARMA	Kartikey
21	KASHISH FARTIYAL	Kashish
22	KHUSHI VERMA	Kushi
23	LOVELY ANAND	Lovely Anand
24	MADHAVI KAMBOJ	Madhavi
25	MAITREYI	Maitreyi
26	MONIKA BHATT	Monika
27	NEETI GUPTA	Neeti
28	NIHARIKA TOMAR	Niharika
29	PRACHI RAWAT	Prachi
30	PRIYANSHI JAILWAL	Priyanshi
31	RAKSHIT RAJPUT	Rakshit
32	RISHABH BISHT	Rishabh
33	ROHAN MEHTA	Rohan Mehta
34	SAMRIDHI BHATT	Samridhi
35	SHRISHTI RAWAT	Shrishti
36	SHUBHANGI SAXENA	Shubhangi
37	SIMRAN SINGH	Simran
38	SONIA BHANDARI	Sonia
39	SONIA BUTOLA	Sonia
40	SUPRIYA BOURAI	Supriya
41	UVAISH	Uvaish
42	VISHAKHA BIRKHANI	Vishakha

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